

Cartref Gofal

Tregwilym Lodge

NEWSLETTER

A ROCKIN' START TO 2024



A RARE DRY DAY...

at the start of the month meant going out in the local community to get a breath of fresh air

2024
HAPPY NEW YEAR



We celebrated the birthday of “the King” with Elvis Music Bingo, Jigsaws, Elvis quiz and a good sing-along!



FANCY A CUPPA?

Breakfast and a cup of tea to start the day the right way!



AN AFTERNOON AT THE MOVIES...



COMING UP...

17th January - Bird-Watching day
21st January - Making bird feeders

February

4th - Café effect day with family (will need to book, please see activities)

10th - Chinese New Year celebrations. games and food

13th - Pancake day

14th - Valentines day afternoon tea

23rd - Social Club day and entertainment with Marcus

24th - Bettws Bloomer sing-along

TBC - G-Fitness, Animal Interactive & more!

